

Welcome

The Sarasota School of Massage Therapy is pleased to offer student clinic services to the public. The purpose of the Student Clinic is ultimately to benefit the students. If your needs would be better served by an experienced professional, the school also operates a graduate and faculty clinic, staffed by licensed massage therapists. We can also recommend licensed therapists in the community who offer a wide variety of therapies.

The fee for utilizing the student clinic is \$30 for a 50-60 minute massage. Please note that the fee is for the operation and supervision of the clinic; it is a felony for students to accept compensation for massage; acceptance of anything (gifts, tips, etc.) can jeopardize the student's ability to get licensed. We realize they are fabulous and deserve tips, but please do not offer a gratuity.

Thank you, and we hope you enjoy and benefit from your massage!



Sarasota School of Massage Therapy Student Clinic Hours

Monday - Friday 1:30pm, 2:45pm, 4:15pm
Saturday 9:00am, 10:15am, 11:45am, 1:30pm,
2:45pm, 4:15pm

**For Student Clinic information call
941.957.4497**

www.SarasotaSchoolofMassageTherapy.edu
5899 Whitfield Ave, Suite 300, Sarasota, FL 34243
SSMT is accredited Nationally and by COMTA

Student Clinic



What to Expect

Before You Come

Most people can benefit from massage therapy, however there are certain medical conditions that require special precautions or rule out massage altogether. When you contact the school to schedule your first appointment, you will be asked a few basic questions regarding your health status, medications etc. These questions help us decide whether massage therapy is appropriate for you. Depending on your current health condition, we may ask for a release from a physician indicating that it is okay for you to receive massage therapy.

Your First Appointment

It is appropriate to shower prior to your massage; it is also best not to eat or drink a great deal before a massage. Please arrive five or ten minutes early to complete some paperwork. When you are introduced to the student who will work with you, the student will spend a few minutes speaking with you to determine precisely how you are doing that day. The student will then take you to a curtained clinic cubicle and leave you to disrobe and get on a table, under a sheet, while they wash their hands. Some massage work is best performed if the client is completely disrobed, however you may choose to undress only to your level of comfort. In any case, you will remain covered by a sheet and only one body region at a time will be uncovered. After your session, the student will leave while you get dressed. You will be asked to fill out an evaluation form in order to provide constructive feedback to the student.



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Swedish Massage Clinic



Once students have successfully completed the Swedish Massage course, they are available to work in the Swedish Massage Clinic. Here they offer a full-body relaxation massage.

The Swedish Massage Clinic is in high demand and often booked several weeks ahead. In order to give the students access to a variety of clients, and to give a larger portion of the community an opportunity use the clinic, sessions in the Swedish Massage Clinic can only be booked one at a time.

If you would like to book a series of appointments in succession, and would like work on a specific physical complaint rather than a full-body massage, please consider utilizing the Advanced Student Clinic or the Graduate/Faculty Clinic.

Advanced Student Clinic

Once students have successfully completed the Pathology, Hydrotherapy and Introduction to Neuromuscular Therapy courses, they are available to work in the Advanced Student Clinic. Here they offer a series of treatments designed around a specific complaint and will set up a specific treatment plan focused on your needs.

The fee for the Advanced Student Clinic is the same (\$30/session) as the Swedish Massage Clinic. The students will utilize basic neuromuscular therapy and may incorporate hydrotherapy and additional techniques as they learn them.

In order to give the students clinical experience following a client's progress, we ask clients to commit to a series of sessions with the same student. We offer a series of seven sessions Tuesdays through Saturdays.



If you would prefer not to commit to a series of sessions, or if you would prefer full-body massage rather than work on a specific physical complaint, please consider utilizing the Swedish Massage Clinic.



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